

Is your Erasmus+ Youth or European Solidarity Corps journey on the horizon?

Explore your opportunities!

✓ What is it about?

The **European Solidarity Corps** is your chance to volunteer with, for example, an NGO in Europe and around the world. You can also run your own solidarity projects that will benefit your local community.

Erasmus+ Youth allows you to meet young people from different countries, live together and work on exciting projects.

✓ How do I apply?

European Solidarity Corps: register at the [European Youth Portal](#) and follow the application process (upload a cover letter, CV and short application form – depending on the type of activity).

Erasmus+ Youth: [explore opportunities](#) through youth organisations' websites and social media. Application processes vary.

✓ Is there any age limit?

European Solidarity Corps: you can participate if you are **18 to 30 years old**. For volunteering in support of **European Solidarity Corps' humanitarian aid projects**, the age limit is **35 years old**.

Erasmus+ Youth: you can apply if you are **13 to 30 years old**.

Some actions (for example, training courses or partnership-building activities) do not have an age limit.

✓ Where can I go?

You can find opportunities in the **EU or countries neighbouring the EU**. For humanitarian aid volunteering, opportunities are available in many other countries around the world.

✓ Can I participate in several activities?

Yes, you can take part in **many different activities** in your country and abroad: volunteering projects, youth exchanges, training courses, solidarity projects and more.

✓ Do I have to pay anything?

Taking part in most **European Solidarity Corps** or **Erasmus+ Youth** activities is **free of charge**, as all or almost all costs are covered. You may be asked for a **small nominal contribution**.

✓ What is the time commitment?

For **European Solidarity Corps**, activities can last from **2 weeks to 12 months**; most are a full-time commitment.

For **Erasmus+ Youth**, activities typically last between **1 and 2 weeks** but durations vary depending on the specific format and project.

New opportunities become available at different times of the year.

Sign up today and take part in the programme that best suits you!

